

# Original Article

# Distribution and Characterization of Dominant Serovars of *Listeria monocytogenes* Strains Isolated from Spontaneous Human Abortion in Tehran

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#### ABSTRACT

## Article history

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#### Key words

L. monocytogenes
Serovars
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**Background and Aims:** The aim was to determine the role of dominant serovars of *Listeria monocytogenes* (*L. monocytogenes*) in spontaneous abortions, using isolation methods and polymerase change reaction (PCR).

**Materials and Methods:** A total of 258 samples comprising of placental tissue, vaginal swabs and blood were collected from 123 patients with spontaneous abortion. *L. monocytogenes* was identified and confirmed by culture, biochemical reactions, serological tests, API system, CAMP (Christie, Atkins, Munch and Petersen) test, and hemolysis on sheep blood agar. Phosphatidyl inositol specific phospholipase C (PI-PLC) assay, followed by multiplex PCR was applied for detection of serotypes 1/2a and 4b.

**Result**: Out of 258 samples, 28 isolates of *L. monocytogenes* were identified by different methods. All of the isolates were confirmed by PCR. Of 28 isolated strains, 14(50%) belonged to serovar 1/2a, 10(35.7%) to serovar 4b and 4(14.3%) to other serovars.

**Conclusions:** Based on our study, serovars 1/2a and 4b are dominant serovars as causative agents of human spontaneous abortion due to *L. monocytogenes* in pregnant women.

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# Introduction

Listeria monocytogene (L. monocytogenes) is a gram positive, non-sporulating, facultative, intracellular, pathogenic bacterium that causes morbidity and mortality in human and livestock. It is a significant food-borne pathogen due to its widespread distribution in nature, ability to survive in a wide range of environmental condition, and ability to grow at refrigerator temperature. L. monocytogenes has been found in 10% of normal healthy people usually in the gut. All the 13 serovars of L. monocytogenes are reported to cause human listeriosis, but serovars 1/2a, 4b and 2c are implicated in most cases. Pregnant women are particularly prone to infection, and placenta provides protective niche for its growth, thereby resulting in spontaneous abortion, stillbirth neonatal infection, severe necrotizing hepatitis, placental necrosis and increased risk of post implantation loss. Latent listeriosis in pregnant women leads to habitual abortion [1, 2]. L. monocytogenes causes both invasive and noninvasive infections. Invasive listeriosis is a severe disease mainly associated with groups of people specifically at risk, including fetus, neonates, immunocompromised individuals and persons in contact with animals [3, 4]. Mild noninvasive infection can also occur in about 10% or more healthy persons usually in the gut. Non-invasive infection of L. monocytogenes in pregnant women causes abortions, stillbirth and fetal death [5]. The incidence of listeriosis in general population is 0.7 in 100000 but its

prevalence in pregnant women is 12 in 100000 [6, 7].

L. monocytogenes, a high-risk emerging food pathogen, has recently assumed great interest as a result of its association with several outbreaks of listeriosis across the world including a wide variety of foods, both raw and processed [3, 4, 7]. Its ability in survival and growth in many foods during processing and storage, has been attributed to its ubiquitous nature, resistance to diverse environmental conditions such as, low and high salt concentration and its microaerobic and psychrophilic nature [6, 8-10]. The Food and Drug Administration (FDA) definition of zero tolerance for the organisms in processed readyto-eat foods has emphasized the need for development of molecular-rapid methods for detection of L. monocytogenes and its different serotypes and genes [11-13]. Serotyping is an ordinary accepted subtyping method L. monocytogenes. Identification the strain serotype permits differentiation between important food-borne strains and provides "gold standard" for comparing isolates analyzed in different labs with different techniques. According to some reports in Iran, serovars 1/2a, 4b, 2b, 4a and 2c have been isolated from animal products (raw-processes) [14-16]. The occurrence of L. monocytogenes in Tehran, Iran has been underreported in many cases because of the inefficient surveillance and monitoring systems. Nevertheless, different serovars of

*L. monocytogenes* have been isolated from food and humans [8,17].

The present study tried to detect dominant serovars (1/2a, 4b) in pathogenic *L. monocytogenes* isolated from women with spontaneous abortion in Tehran.

### **Materials and Methods**

## Study site and sample collection

During May 2016 to November 2017, a total of 258 human clinical samples including placental tissues (n=118), vaginal swabs (n=87), and 5 milliliters of blood (n=53) were collected from 123 hospitalized women with spontaneous abortion in 4 private and 4 government-sponsored hospitals in Tehran, Iran. The abortions had occurred during the second and third trimesters of pregnancy. All samples were collected aseptically at the day of abortion and were quickly transported on an ice pack to the microbiology department and processed within 24 hours of collection [7, 9]. The necessary ethical clearance was obtained from University Ethics Committee. The ethical permossions was taken for collection and processing of human clinical samples.

## Isolation of Listeria

All samples were homogenized in trypticase soy broth (TSB) with 0.6% yeast extract and placed at a 4°C cold enrichment for a period of 4 or 6 weeks.

After 4 days the green shiny colonies surrounded by diffuse dark shadow around them on PALCAM agar, and grey shiny colonies surrounded by alpha hemolytic colonies appeared on blood agar.

Approval of isolates were performed by standard microbiological and biochemical tests such as gram staining, catalase reaction, oxidase test, tumbling motility at 20-25°C, Methyl red-Voges-Proskauer (MR-VP) reaction, nitrate reduction, Chrisite-Atkins- Munch and Petersen (CAMP) test, phosphatidyl inositol specific phospholipase C (PI-PLC) assay, Application Programming Interface (API) and congored adsorption (Table 1) [3, 18-19]. The confirmed *L. monocytogenes* were stored in TSB including TSB 10% and glycerol 5%.

#### Mice inoculation test

The pathogenicity testing of Listeria was performed by mice inoculation as described by Menudier et al. Briefly, all isolates of *Listeria* were grown on Tripticase Soy Agar (TSA) slants at 37°C for 24 hrs. The bacteria were harvested with a sterile normal saline solution, and the capacity of inoculum was adjusted to Macfarland nephelometric tube number one. The mice weighting 18-20 gram were inoculated interperitoneally with 0.4 mL of inoculum having approx 107 colony forming units (CFU) [20, 21]. The inoculated mice were observed for mortality over a period of 5 days, any L. monocytogenes isolates causing death after 5 days of inoculation were assumed as pathogenic [20, 22].

#### **DNA Extraction**

One milliliter of an overnight culture was incubated with penicillin G (500 U.mL $^{-1}$ ) for one hour at 37°C and then transferred to 1.5 mL microfuge tubes and centrifuged at 800 rpm for 5 minutes. The supernatant was then discarded and 500  $\mu$ L of cetyltrimethyl ammonium bromide buffer at 60°C was added

to the microfuge tube containing bacterial pellet. Afterwards the mixture was held in a water bath at 64°C for 20 min., and briefly mixed several times during incubation. After incubation 500 µL of chloroform/octanol (24:1) was added and mixed vigorously followed by centrifugation at 3000 rpm for 15 min. [22]. The supernatant was transferred to clean microfuge tube and an equal volume of ice-cold isopropanol was added and kept on ice bath for 2 hrs. Precipitate of the solution was centrifuged at 8000 rpm for 8 min, the aqueous phase was discarded, and the DNA pellet was rinsed with 80% ethanol air-dried and resuspended in 50-100 mL distilled water and used for PCR. The primers for the detection of L. monocytogenes and dominant serovars 1/2a and 4b were used in this study synthesized by Cinagen Iran. The primer sequence are shown in Table 2 [23-24]. DNA amplification was performed in a DNA thermal cycler (Eppendorf-Nathel-Germany). The amplification conditions for identification of L. monocytogenes in PCR assays were those described by other researchers [24-25].

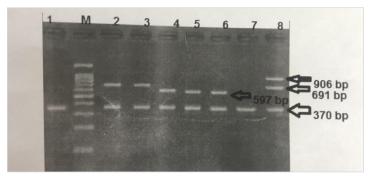
The Multiplex PCR assay was standardized for

the detection of two major dominant serovars of *L. monocytogenes* namely 1/2a and 4b following the methodology described by Doumith et al [26] (Fig. 1).

PCR products were analyzed by 1.5% agarose gel electrophoresis and specific DNA bands were visualized using ethidium bromide staining under UV illumination.

## **Results**

The types and number of spontaneous abortion samples analyzed in this study are presented in Table 3. Among 258 samples from spontaneous abortion, 28 (18.8%) isolates were identified as L. monocytogenes infection by microbiological tests. Contamination rate was 21 (17.7%), 2 (3.7%) and 5 (5.7%) for placental tissue, blood and vaginal swabs, respectively. The standardized PCR allowed amplification of dominant serotypes of L. monocytogenes namely 1/2a and 4b. All of the 28 isolates of monocytogenes were found pathogenic by PI-PLC and pathogenicity test by mice inoculation. Serovars 1/2a (50%) and 4b (35.7) were dominant in samples.



**Fig.1.** Multiplex PCR amplification of the dominant PCR: Lane M: DNA ladder 1 Kb, Lane 1, 7: Positive control (*L. monocytogenes* ATCC7644), Lane 2,3: 1/2a, Lane 4-6: 4b, lane 8: 2c.

Table 1. Pathogenicity and biochemical reaction of L. monocytogenes isolates from spontaneous abortion

Isolates	Source	CAMP(S*)	API	PI-PLC	Mice lethality	C. red test	<b>Tumbling test</b>
1	Placental tissue	+	+	+	+	+	+
2		+	+	+	W4	+	+
3		+	+	-	+	+	+
4		+	+	+	+	+	W4
5		+	W	+	+	+	+
6		W4	+	+	W4		+
7		+	+	+	+	-	+
8		+	+	+	+	+	+
9		+	+	W4	+	+	+
10		+	+	+	W4	+	+
11		+	+	+	W4	+	+
12		+	+	+	+	+	+
13		+	W4	W4	+	+	+
14		+	-	+	+	+	+
15		+	+	+	+	-	+
16		+	+	+	+	+	+
17		+	+	W4	+	+	+
18		+	+	W4	+	+	+
19		+	+	+	+	+	-
20		+	+	+	+	+	+
21		+	+	+	W4	+	+
22	Blood	+	+	+	W4	+	+
23		+	+	+	+	+	+
24	Vaginal swab	+	+	+	+	+	+
25		+	+	+	+	+	+
26		+	+	+	+	+	-
27		+	+	+	W4	+	+
28		+	W4	+	+	+	+

\*CAMP with staphylococcus aureus ATCC=25923; API= Application programming interface; PI-PLC= Phosphatidyl inositol specific phospholipase C; W4= Weakly positive after 4 days

Table 2. Identities and nucleotide sequences of serotypes (1/2a,4b) L. monocytogenes primes

Name	Sequences (5'-3')	Molecular weight	nmol	Temperature	GC%	Length
Prs	F: GCTGAAGATTGCGAAAGAAG	6881.5	19.18	58.39	45	22
PTS	R: CAAAGAAACCTTGGATTGCGG	6783.4	17.03	58.39	45	22
Imo737	F: AGGGCTTCAAGGACTTACCC	6102	21.63	59.35	55	20
	R: ACGATTTCTGCTTGCCATTC	6033.9	21.88	55.25	45	20
ORF2110	F: AGTGGACAATTGATTGGGTGAA	6549.3	17.64	53.97	38	21
	R: CATCCATCCCTTTACTTTGGAC	6292.1	15.73	57.87	48	21

Table 3. The type and number of spontaneous abortion samples analyzed in this study

Source (various samples)	No. of samples (%)	No. of positive isolates	Serovar 2a	Serovar 4b	Other serovars
Placental bits	118 (45.8)	21	9	8	4
Blood	53 (20.5)	2	2	-	-
Vaginal swabs	87 (33.7)	5	3	2	-
Total	258 (100)	28	14	10	4

# **Discussion**

L. monocytogenes as one of the most virulent food-borne pathogens are transmitted to humans through consumption of food and induce septicemia, meningitis and abortion. They might be spread out in two forms: sporadic or epidemic. In pregnant women, self-limited flu-like symptoms are first presented, then spontaneous abortion, stillbirth, premature birth and other symptoms in infants will appear. In aged and immunity-challenged individuals it causes listeriosis [25, 27]. The incidence of listeriosis in pregnancy is 12 per 100000. With a regular rate of 0.7 per 100000 in the general population, onethird of listeriosis infections belong to spontaneous abortion [6, 7, 28].

Listeriosis has been reported to occur either in sporadic or epidemic form; however, there are certain Asian countries where the disease has been underreported [28-31]. Research on L. monocytogenes as the main abortive agent is not yet fully explored in Iran. Scientific reports on this topic have not been covered by Iran's health and sanitation organizations as well. The main reason for this gap is the lack of access to the standard diagnostic methods in Iran. There have often been reports on L. monocytogenes isolated from raw milk, cheese, ready-to-eat meat and vegetables in which the serovars 1/2a and 4b are detected. However, the correlation between these serovars and spontaneous abortion was not identified. Among few reports on their genotypes which are conducted with PCR method, virulence genes are recorded [11, 16,

17, 30]. There have not yet been reliable statistics on spontaneous and habitual abortions in Iran. The reason for this weakness has mainly been the methods of isolation and detection. On the contrary, in this research the selected methodologies have been totally unique based on standard bacteriological, biochemical and molecular isolation techniques where by the resulted isolation percentage is distinct from the previous reports in Iran [5, 28, 29]. In this research 258 samples from 123 patients with spontaneous abortion were collected. Isolation resulted in 28 cases (18.8%) of L. monocytogenes from 118 (45.8%) placental bits, 53 (20.5%) blood samples and 87 (33.7%) vaginal secretions. L. monocytogenes isolation percentage is reported diversely in various countries. Kaur et al. (2007) isolated 4 305 L. monocytogenes samples from specimens collecting from 67 patients [6]. In Belgrade, one L. monocytogenes isolate was found in 958 clinical samples [32]. Dhermendra (2015)al. isolated 5 L. monocytogenes out of 300 clinical samples [33]. Lotfollahi et al. isolated 9 L. monocytogenes out of 100 clinical samples [15]. Eslami et al. (2014) reported 16 L. monocytogenes in 96 clinical samples of spontaneous abortion with the latest bacteriological and molecular techniques [34]. As L. monocytogenes is one of the virulent intracellular bacteria to causes spontaneous abortion, in this study for the first time, the pathogenic species were identified

evaluated with multiplex PCR. API assay was followed confirm the other also experiments. In this study 28 (18.8%) L. monocytogenes with various serovars were isolated. The presence of L. monocytogenes in placental bits and blood, in this study, indicated the most and the least outbreaks in all clinical samples. Pournajaf et al. also confirmed L. monocytogenes isolated from vaginal secretion (14.5%) and in placental bits (7.5%) [35]. In that study on samples of placental bits, blood and vaginal secretions, the isolates belonged to two patients in their second trimester of the pregnancy with averaged age of 28.5 years. L. monocytogenes isolates in this study demonstrated virulence based on all confirmatory and pathogenicity tests in in vivo conditions. L. monocytogenes in one case was isolated from placental bits of a 37 years old woman with spontaneous abortion in the early trimester of pregnancy. L. monocytogenes was also obtained from vaginal secretions as well as placental bits in three patients with the average age of 30 years. In 123 patients (17.7%) it was isolated only from placental bits. It is indicated that L. monocytogenes has a desire for placental tissue. A number of factors are implicated in the virulence of Listeria. The first factor is PI-PLC which is expressed by pathogenic species. The goal in this was discrimination of virulent and 1 pathogenic L. monocytogenes

from other non- pathogenic L. monocytogenes

isolates which were confirmed by pathogenic tests on live mice so that 24 (85.7%) cases were positive for PI-PLC but 4 (14.2%) cases were getting positive after four days. Sattari and colleagues' study supported these results [36]. Another part of this study investigated dominant serotypes. Our results showed that serovars 1/2a and 4b were dominant. It is for the first time in Iran that serovars 1/2a and 4b are reported as dominant serovars isolated from spontaneous abortions. The correlation between the dominant serovars in spontaneous abortion in this research, indicated that these serovars play key roles in spontaneous abortion.

## Conclusion

We determined *L. monocytogenes* infection in women with history of spontaneous abortion. Serovars 1/2a and 4b are the most important in spontaneous abortion in Iranian women. Determination of serovars 1/2a and 4b in women with spontaneous abortion is recommended.

### **Conflict of Interests**

There is no conflict to declare.

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